M'HAMSA HAND-ROLLED COUSCOUS



CERTIFIED ORGANIC

2012 & 2008 SOFI Silver Outstanding Pasta, Rice or Grain

RETAIL SIZE	8kg
ITEM NO	R95205
CASE	1 tin

LES MOULINS MAHJOUB Tebourba/Mejerda Valley, **Tunisia**

SENSORY PROFILE

M'hamsa, which translates to "hand-rolled", exemplifies the core of the traditional Berber production method. Semolina is combined with olive oil, salt, water and sundried for 10 days, which give them a nutty, earthy flavor unlike any other couscous. Couscous is complementary to almost all North African and Mediterranean cuisine, including stews, meat, and fish dishes. As with all of the Mahjoub products this is produced using traditional farming methods with no additives or artificial processes.

Ingredients:

Organic durum wheat semolina, organic extra virgin olive oil, salt, water

TRADITION

The Mahjoub family farms the soil in the lush Mejerda Valley of Tunisia, located on the southern shores of the Mediterranean. It is here that they produce handcrafted products under the Les Moulins Mahjoub label and are known for their steadfast commitment to artisan standards and sustainable farming. The Mahjoubs are recognized in the culinary world as one of the premier producers of extra virgin olive oils, table olives, and condiments.



REVISED 3/27/2025